

# YOUR RETIREMENT PLAN CONSIDERATIONS AT EVERY AGE

### In Your 20's

As a young adult the most important step is getting started.

- 1. Start Saving
  - Enroll in your retirement plan at work
  - Save even more with an IRA or Roth IRA
  - Build an emergency fund (experts suggest a nest egg of 3-6 months of living expenses)
- 2. Watch Your Spending
  - Create a budget
  - Keep debt under control
- 3. Educate Yourself
  - Learn what it takes to plan for a financially comfortable retirement

## In Your 30's

As you begin to achieve your career objectives your earning power generally increases. This is a good time to further build your retirement savings.

- 1. Continue Saving
  - Maximize tax advantaged retirement accounts
  - Target to save at least 10% of your income
  - Consider adding financial windfalls (bonus, tax refunds, etc) to your savings
  - Continue building an emergency fund
- Watch Your Spending
  - Keep debt down
- 3. Refine Your Plan
  - Write down your retirement goals and outline a plan

### In Your 40's

As your family grows so do expenses. Saving for retirement during this stage can be a balancing act.

- 1. Expand Your Plan
  - Review your savings and investment strategy
  - Protect Yourself and Your Family (life and long term care coverage, an updated Will, etc)
  - Changing jobs? Manage your employer sponsored retirement plan
- 2. Prioritize Saving for Retirement
  - Take full advantage of retirement savings tax benefits
  - Find out how long your savings will last
  - Increase savings to 15%-20% of your income
- 3. Protect Your Retirement Savings from Short-Term Needs
  - Strengthen your emergency fund
  - Reduce high interest debt



# YOUR RETIREMENT PLAN CONSIDERATIONS AT EVERY AGE (continued)

#### In Your 50's

This is a time when your earning power and ability to save are typically high.

- 1. Save More
  - Assess your savings goal
  - Avoid taking early cash distributions
- 2. Update Your Retirement Plan
  - Determine if your savings amount and account balance are on track
  - Determine if your asset allocation is valid
  - Consolidate your retirement accounts
- 3. Develop Your Income Plan
  - Identify sources of income for retirement
  - Estimate what your monthly expenses will be
  - Understand the risks (healthcare expenses, inflation, etc.)

### In Your 60's

This is the decade when you will likely enter retirement. Understanding how your current retirement finances align with your long-term goals is extremely important.

- 1. Review in Depth Your Retirement Plan
  - Determine if you are on track
  - Determine if you have enough to retire when you want to
  - Review and update your income plan
- 2. Perfect Your Income Plan
  - Create a sustainable, predictable stream of income
  - Simplify your finances to better track and manage your income and spending
- 3. Keep Saving
  - Take advantage of any/all opportunities for tax deferred saving
  - Determine if you need to substantially increase your savings ratio

### In Your 70's and Beyond

Make the most of your retirement by proactively managing your retirement finances and end-of-life strategy.

- 1. Talk to a Professional Financial Advisor
  - Make a 20- or even a 30-year retirement plan
  - Make sure your investment and asset allocation strategy meets your long-term goals
  - Make sure your withdrawal plan doesn't put you at risk of outliving your savings
- 2. Re-Evaluate Your Estate Needs
  - Keep your Will up to date
  - Update your beneficiary designation
  - Update your medical powers of attorney
  - Share the location of important documents with loved ones